

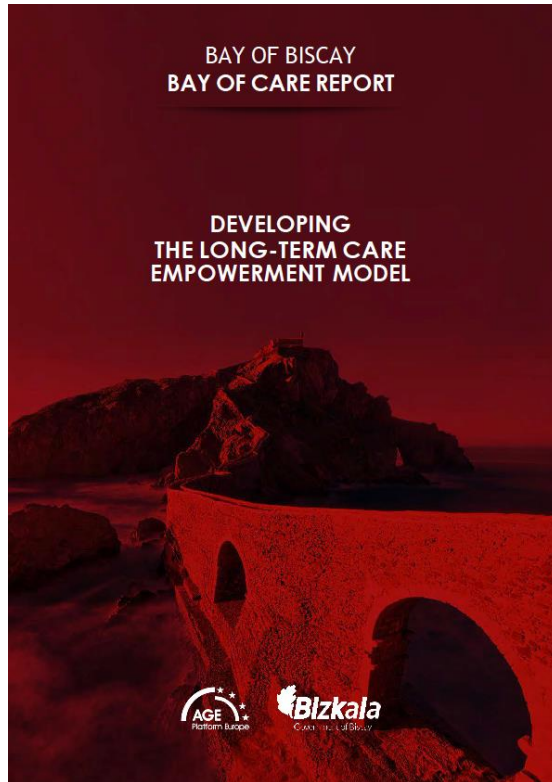
etxeTIC, the new paradigm  
of community and home  
bases technological care



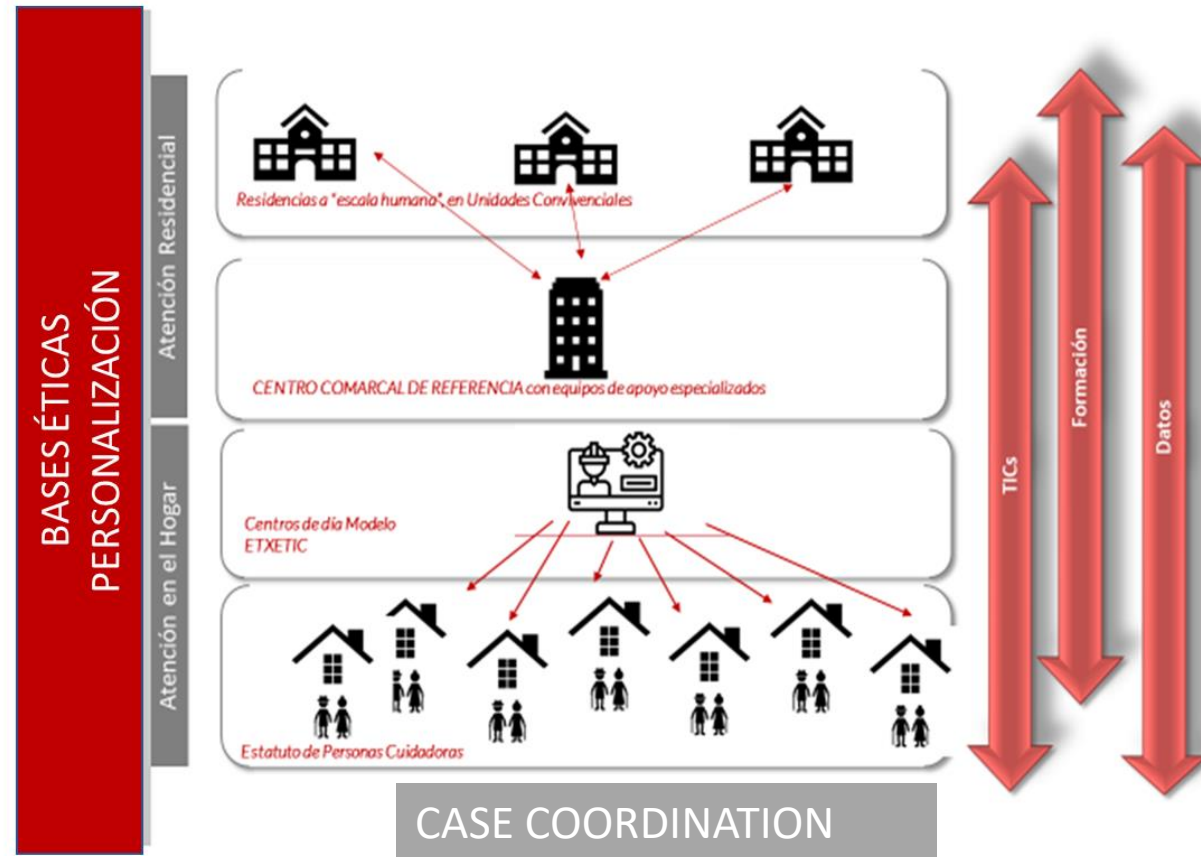
Lourdes Zurbanobeaskoetxea  
Provincial Council of Bizkaia  
2024/10/29

# LONG-TERM CARE TRANSITION PLAN

an instrument to promote innovative public policies in the face of the social challenge of care in BIZKAIA



<https://www.bizkaia.eus/en/web/bayofbiscay>



HEALTH AND SOCIAL CARE COORDINATION

# REFLECTION FROM THE ETHICAL BASES FOR CORRECT CARE

An ethically correct care model must facilitate the exercise of universal rights and provide the support required to maintain or build particular life projects that enable a satisfactory and meaningful life.

*Marije Goikoetxea*



**OUR responsibility of  
trigger OPPORTUNITIES  
for A LIFE ACHIEVED  
that deserve worth living**

1. That satisfies of interaction from he recognition of the **equal DIGNITY AND RIGHTS**(NO TO THE DISCRIMINATION)
2. That generates contextual conditions for **social participation IN THE COMMUNITY** under conditions of equality (NO TO EXCLUSION)
3. That enables support and relationships necessary for a **MEANINGFUL PERSONAL BIOGRAPHY** (NO TO ALL EQUAL)

# FIRST STEPS: STATUTE FOR CAREGIVERS

*Regional Decree 192/2018, of December 26, 2018*

Next to a person in a situation of dependency and not institutionalized...

...there is at least one **caregiver** ...

... whose life project must be developed too

## ESTABLISHES

rights and duties of caregivers,  
recognizing their status as such,  
giving them access to the measures contemplated in the  
decree,  
in order to make the development of their life project  
compatible with the care of the dependent person

right to rest



right to training



right to have information



right to assistive products

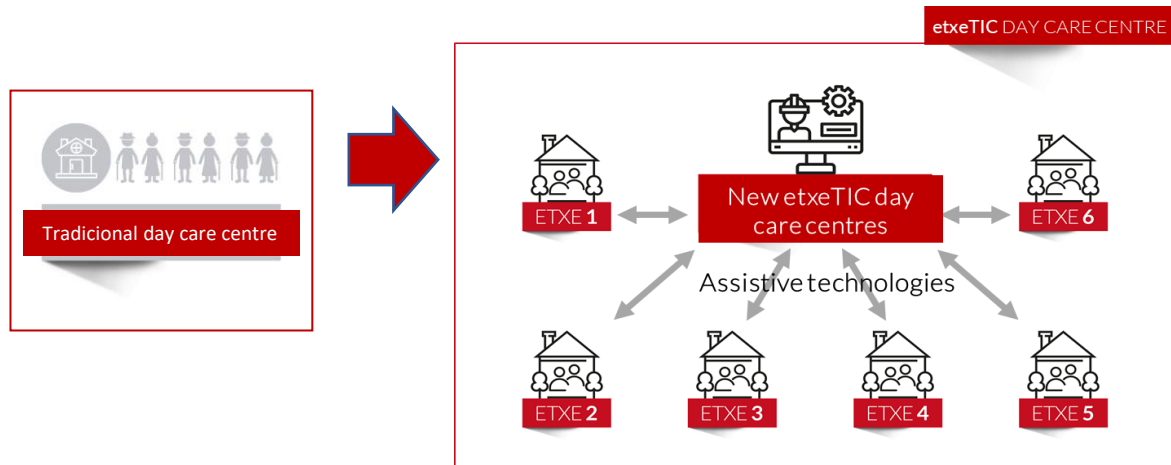


right to social security



# etxeTIC SUPPORT SERVICE FOR STAYING AT HOME

*Foral Decree 173/2021 of the EtxeTIC home stay support service*



EtxeTIC is the driving force behind a model of community intervention, preventive, focused on the person and their environment, which promotes personal autonomy, social participation and facilitates access to coordinated resources.

- ✓ Starting from a **personal history and values** , and a **comprehensive assessment of capabilities and needs and support preferences**, both of the dependent person and the caregiver.
  - Design of a personalized, agreed-upon **plan to support the home-based care ecosystem** .
  - Assignment of a professional of reference
  - With the support of **non-invasive technological devices** in the home that allow support in care, prevention and risk detection.
- ✓ With **timely assistance and attention** in the day care centre itself (training, respite programs...)

## Which are the goals?

1. Improvement of the the quality of life objective and subjective of the people in situation of dependency and caregivers.
2. Reduction of unwanted institutionalization
3. Reduction of the index of overload of the caregivers

## Starting from a personal history and values:

- a. Monitoring, prevention and early detection of risks
- b. Support plans for the home based *care ecosystem , with personalized actions*
- c. Specific training actions for caregivers
- d. Guidance on different forms of respite for caregivers
- e. Identification of specific actions that contribute to the co-responsibility of care, from a gender perspective



# REGIONAL EXTENSION/DISTRIBUTION THROUGHOUT BIZKAIA



- etxeTIC Etxaniz in Bilbao
- etxeTIC Etxebarri
- etxeTIC Zalla for Enkarterri
- etxeTIC Mungia for Mungialdea
- etxeTIC Basauri
- etxeTIC Ondarroa / Markina
- etxeTIC Leioa
- etxeTIC Abanto-Zierbena
- etxeTIC Karmelo in Bilbao
- etxeTIC Ugao -Miravalles
- etxeTIC Sestao

**11,000 POTENTIAL USERS**

## Proximity center

Telematic support WITH occasional assistance to the center

Care for dependent people and caregivers

FREE of CHARGE

All ages, different profiles

Reference profesional to facilitate access to coordinated resources

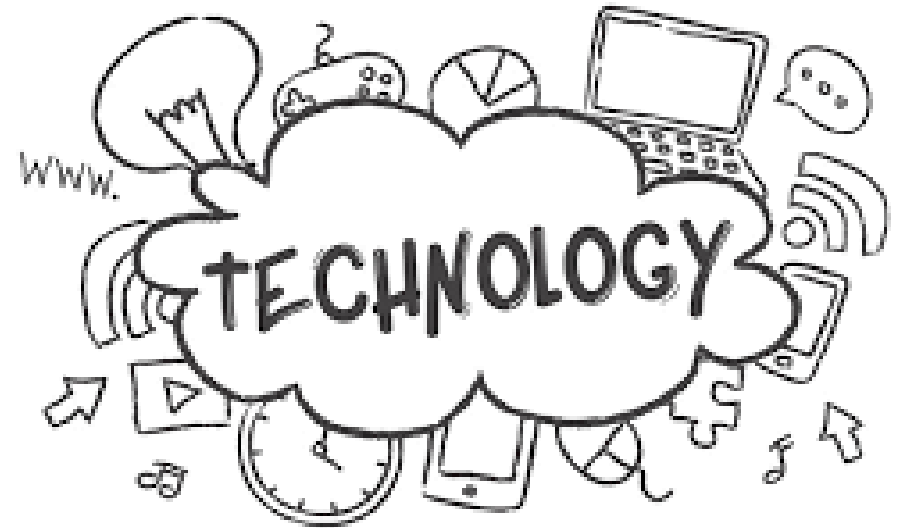
Accompaniment , risks detection and prevention

Technology as an opportunity



# TECHNOLOGICAL INNOVATION IS NECESSARY ( ICTs , DATA, INTEROPERABILITY...)

- ✓ Technological development and platforms to facilitate **interaction** between people and their care ecosystems with reference services and centres. (Zaintzapp , platform and devices in etxeTIC, ..)
- ✓ Development of information management and analysis **systems** , data collection, alerts for prevention activities that allow anticipating or foreseeing risk situations, reducing the overload of the caregiver and preventing more complex situations.

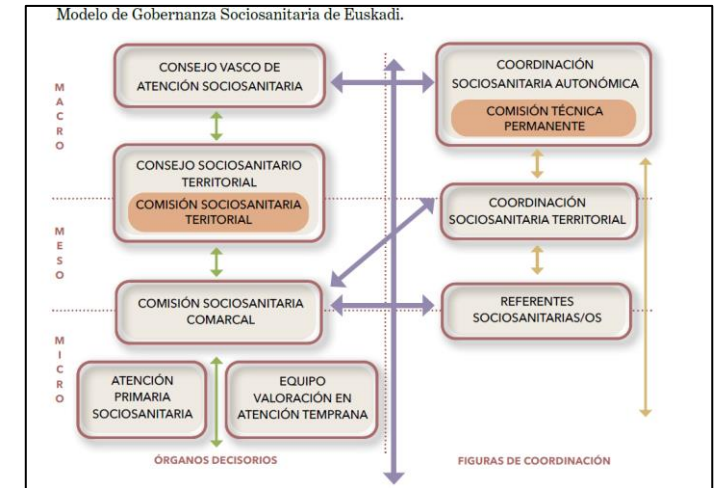


# SOCIO-HEALTH COORDINATION

NECESSARY LEVER to advance the transition of the care model

SOME KEY POINTS:

**GOVERNANCE MODEL** : collaborative coordination structures between different organizations with different levels of competence, different levels of care...



## BIZKAIA'S HEALTH AND SOCIAL CARE OPERATIONAL PLAN 2023-2026

It is based on the Long-Term Care Transition Plan of the government of Biscay, and reflects the ongoing commitment of all stakeholders involved in the various projects, with the aim of ensuring quality social and health care for all people, improving their quality of life, increasing the efficiency and effectiveness of services, reducing costs, preventing dependency and promoting personal autonomy.

*19 operational projects, with specific home based care projects* : interoperability to improve home care; promotion of local projects; diversification of personalized itineraries of social and health care; development of case coordination; protocol for adaptation of returns to home after hospitalizations; support for comprehensive end-of-life care at home...



Eskerrik asko

Thank you

[maria.lourdes.zurbanobeaskoetxea@bizkaia.eus](mailto:maria.lourdes.zurbanobeaskoetxea@bizkaia.eus)