# The importance of assessment for Toileting and Containment care

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#### The importance of Toileting and Containment Care

90% of patients feel isolated/depressed due to incontinence\*



Reference:

<sup>\*</sup>The 2019 State Of Incontinenc<e Survey Results - National Association For Continence

<sup>\*\*</sup>Incontinence-Associated Dermatitis in Older Adults: A Critical Review of Risk Factors, Prevention and Management – PMC

## So how can we support?



#### **Toileting and Containment Pathway**

#### Ensure person-centred care



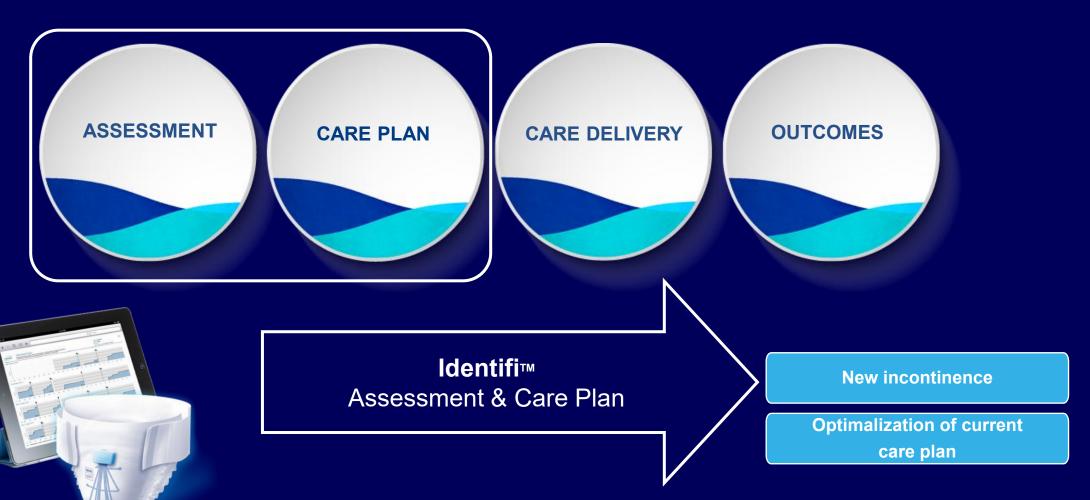
#### **Greater value for:**



Using person-centred care to optimise the care pathway is the solution to ensuring the best use of available resources

## **Toileting & Containment Care Pathway**

Optimal care with Digital Health Technology





#### TENA SmartCare Identifi<sup>TM</sup>

Assessment for individual toileting & containment care plan for care dependent people

The digital solution to accurate continence assessment during 72 hours





Provides information to create person-centred care plan

Creates a detailed voiding report with voiding patterns and volumes

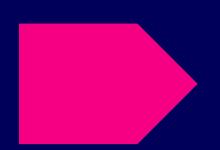


# Individualized assessments are key to improve wellbeing and care efficiency

Incontinence is **not one-size-fits-all**.

#### **Assessment must consider:**

- Mobility status
- Cognitive status
- Dexterity
- Dependence of care of others



#### **Holistic assessments** allow for:

- Accuracy
- Tailored interventions
- Better outcomes

## **Benefits of Personalized Toileting & Containment Care**

- Improves dignity and quality of life
- Supports independence and better sleep
- Maintains good skin health
- Utilizes caregiver time in the best way possible and reduces product usage
- Reduces waste and Co2 in use



## **Toileting first!**

Advantages of urinating & defecating on the toilet:

- Better quality micturition and defecation
- Less urinary retention, urinary tract infection, obstipation.
- Less use of containment products

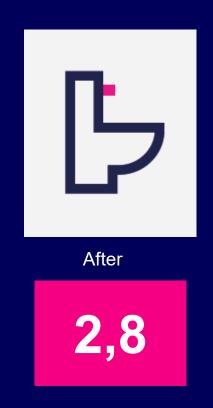
The challenge is on time toileting.

If planned and delivered as planned it is better for the person with incontinence, their caregiver and for the environment!



# The number of toilet visits have increased somewhat\* But above all they happen at the right times!





Quality becomes higher and better through examining the reports compared with weighing the products. Regarding leakage measurement with weighing, I don't know when the leakage comes and then I can't find the right times for toilet assistance.

Nurse, Viktoriagården, Kramfors ""

\*Number of toilet visits per care recipient per day

#### There is a big potential for sustainability gains in everyday care

#### Reduced use of products

Number of products in 24 hours



Reduced waste by 61 kg per care recipient per year





## Increased quality of life with TENA Identifi™



Better suited toilet visits

48%



More customized product choice

81%



Better suited changing times

59%

Questionnaire survey of care personnel and quantitative result of before and after measurements with TENA Identifi based on 273 users in 35 operations, 2014 - 2019.





## **How Digital Health Technology optimizes** continence care management

#### Results of working with TENA Identifi in nursing homes

- Optimizes carer time due to more targeted continence care delivery and less leakages 1
- Increases the number of on time toilet visits 3
- Helps move patients into less intensive continence care stages 4
- Helps deliver greater quality of life at reduced cost 4
- Helps institutional customers optimize available resources <sup>4</sup>



22% Increase (from 2.3 to 2.8) in toilet visits, improvement in on time toilet visits<sup>3</sup>



44% reduction in leakages<sup>1</sup>



40% of users optimized absorbency1



15% reduction in CO2 in use<sup>2</sup>

1. Rajabali, Saima N.; Hunter, Kathleen F.; Asaana, Prosper; McCreary, Megan L.; Nazari, Sahar; Wagg, Adrian S.. Effectiveness of a Smart Urinary Continence Care Assessment System for Nursing Home Residents: A Quasi-Experimental

<sup>2.</sup> LCA calculation based on pads used (clinical study data- ref. 2) and laundry impact due to leakage

<sup>4.</sup> Cost-effectiveness evaluation TENA SmartCare Identifi, handed in for publication - in review process.

#### Take home message

From unplanned to planned Toileting & Containment Care



Innovative Digital Health Technology secures:

- Better timed toilet visits with improved wellbeing
- Less incontinence products and absorption capacity needed







## Thank You.